

½ Marathon

Starting at Place des Voyageur at the base of the pedestrian village, the group will go up Rue des Ramparts to Place St-Bernard. There, you will proceed back down to reach the multi-use trail over a distance of about 500 meters, leading to a beautiful single-track trail. The next two kilometers wind in and out of the woods towards the Versant Soleil. Once passed the water reservoir of the Versant Soleil, you will find yourself on a 4-wheeler trail called the Nord-Sud Trail up to [Aid Station #1](#), located six kilometers after the start.

At that point you have to climb 1,000 feet. You then proceed for about 200 meters on the same Nord-Sud trail to enter the timber cross-country ski trail, leading back down to the road, therefore descending 1,000 feet. This next section covers 4.5 km to Chemin Duplessis.

A sharp left turn on the road brings you to a small fisherman trail leading you down to the bank of the river. There, you will follow an old beaver trail to reach the pump house Mont-Tremblant uses to make artificial snow in winter. You then climb back up to the road, take a right turn for about 300 meters, re-entering the woods on your right to initiate the four-kilometer water/swamp section that brings you to Aid Station # 2, on the Beauchemin ski trail. This is an observation and gathering spot for spectators, easily accessible via the North Side parking lot.

This is where you will be allowed to have a **drop-off bag**. . As you leave Station #2, it will be mandatory for you to have your hydration system with you, a strategic decision since you will have to climb and descend the entire mountain. If your feet are tender here, they will be destroyed later. A dry pair of socks and running shoes might save the day, since you will NOT come across any other official water section after this one.

[Aid station # 2\(2/5\)](#) (Km 14.5)

Cutoff after 3 hours

Drop-off bag: Your drop-off bag should be considered an extension of your comfort zone. We will provide you with a garbage bag showing your bib number on it. We will carry it to the aid station and bring it back to the finish line for you. Some use it, some don't. In this race, I think that having some extra food and dry clothes, including a wind breaker, might be a smart choice in case the weather is not so good that day.

A dedicated spot will be available at the start to leave your bag for us to carry.

You will then travel to aid station # 3 (6)(km 18)

It will be imperative to fill up on water and food at this aid station as the distance to the next station will be of rugged and steep trails. This is the most critical aid station. **The race actually starts at this point.**

You will then start going downhill, make a turn to the right, then ascend 1,000 feet over the next km or so to the summit of Johansen Peak.

Station # 4(7/9)(22.5)

It is not a formal aid station that you will find at this peak. However, a medic will be sitting at the top of the Johansen Peak in case you need him. No water or food at this aid station)

At the summit of the Johansen Peak, you will run the ridge line over the next three kilometers. The ride is up and down between 900 and 935 meters. You will generally go downhill to an open area at the top of the Edge Chairlift. From there, you will reenter the woods to run towards the summit (another beautiful section for the next 1.5 km). You can actually see where you are heading from here.

Once you get out of the trail, you will find yourself slightly lower than the actual summit. You will therefore have to climb back up a bit to reach **aid station # 5 (4/10)(Km 27)**.

This is your only other point to bail out if you decide to DNF. However the next 5km down the mountain via an old Mountain bike trail is absolutely worth the effort.

Yup you guess it, it's over 30km ½ marathon. Time to relax and have fun for a long day in the woods